

# Apostles Lutheran Preschool

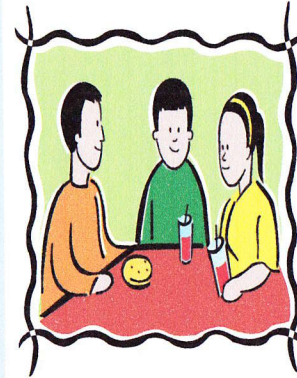
## November 1 - 3, 2011



The day after Halloween we began our lessons on nutrition. We learned about all the food groups that our bodies need everyday to keep us from running out of gas...just like our car needs gas. We discovered that sweets were not one of the food groups we need to have everyday to keep our body going and growing strong. We even made our own healthy snacks. Wednesday we made peanut butter and jelly rollups and Thursday we each made our own pizza. We talked about what food group each ingredient came from. During work time we made paper pizzas using red glue for sauce. We also had food math and matching games and even painted food on plates to enrich our learning.

The first letter for November was "Nn". We found that it was a harder one to sign but we all were able to do it! On Wednesday we made noodle necklaces.

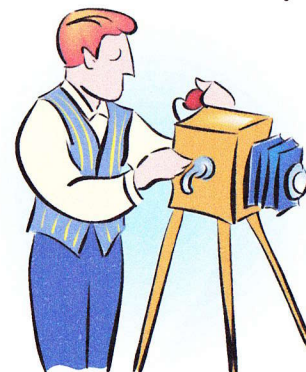
In our Bible lesson this week we continue to learn about Moses leading God's people away from Egypt to the land God promised them. They were traveling through a desert and they ran out of (food). How did this make them feel? (angry). We heard how Moses prayed to God and God provided food for them. What did they eat at night?(quail) In the mornings what did they find on the ground to eat? (manna) God told them to only gather enough to eat for that day as He promised to provide for them everyday. What happened to the manna if they took too much? (spoiled and got wormy and yucky) We learn that God still provides for us too! We can trust Him to take care of all our needs. Bible treasure - "Give us this day our daily bread."



**Parent/Teacher Conferences**  
Conferences will begin next week. Please sign up in the coat room of the preschool. I will send a reminder sheet of the date and time in your child's folder. If you cannot find a date that works for you, please visit with Mrs. Scott

### Food Drive

We have begun our annual food drive for the Food Bank. If you would like to contribute please bring nonperishable food items and place them in the box in the coat room. We will collect items until November 17. What a great way to teach children about helping others.



### Picture Day

In your child's folder will you find information about picture day on November 17. Siblings may have their pictures taken also, see Mrs. Scott for extra packets.

